Policy 2.27

Bottle Warming

Two Wells Community Children's Centre strives to reduce the risk of any injury to infants and children. We will minimise the potential of burns and scalds from bottled milk by:

**Breast Milk**
- Preparing breast milk according to the *Breast Milk Bottle Warming Procedure* outlined below.

**Formula**
- Preparing formula according to the *Bottle Warming Procedure for Formula* outlined below.

*Both of these procedures are displayed in the centre kitchen*

**Bottle Warming Procedure for Formula**

1. Put on a hat
2. Wash your hands and put on gloves
3. Water to be used:
   4. Children less than 12 months use COOLED BOILED water that is stored in the fridge.
   5. Children older than 12 months use “Pura Tap” water.
   6. Make the bottle following the individual child’s needs chart.
7. Place bottle (without teat) in the microwave:
   a. 240 ml bottle for 40 seconds
   b. 120 ml bottle for 30 seconds
8. Take the bottle out of the microwave and add formula then attach the teat and lid.
9. Shake the bottle thoroughly by inverting 10 times.
10. Take off the lid and check the temperature using the laser temperature probe located in the kitchen.

**The temperature must be below 37.3° Celsius**

11. Replace the lid and let the bottle sit for 1 -2 minutes, then give the bottle to the baby.
12. On the chart located on the kitchen door write:
   a. Child’s name
   b. Date
   c. Time
   d. Temperature of the bottle
   e. Your (staff members) name
Breast Milk Bottle Warming

13. Put on a hat
14. Wash your hands and put on gloves
15. Boil the kettle
16. Take child's bottle from fridge
17. Pour 400mls boiled water into an empty jug
18. Place the baby's bottle into the jug of boiled water
19. Stand the milk in the water:
   a. 2 minutes for a 240ml bottle
   b. 1 minute for a 120ml bottle
20. Remove the bottle from the water and Shake thoroughly by inverting 10 times.
21. Take off the lid and check the temperature using the laser temperature probe located in the kitchen.

The temperature must be below 37.3° Celsius

22. Replace the lid and let bottle sit for 1 – 2 mins,
23. Then give the bottle to the baby.
24. On the chart located on the kitchen door write:
   a. Child’s name
   b. Date
   c. Time
   d. Temperature of the bottle
   e. Your (staff members) name

***CAUTION***
***NEVER heat breast milk in a microwave oven***
| **Governing Council Member’s Signature:** | ________________________________ |
| **Director’s Signature:** | ________________________________ |

**Two Wells Community Children's Centre's Common Seal**

| **Date Reviewed:** | 3rd of May 2013 |
| **Next Review Due:** | May 2015 |

**Sources:**