



Policy 2.5

Children's Health and Wellbeing, Medication

Our staff are alert to the health and welfare of each individual child.

Our qualified staff have Applied First Aid Training, Asthma, and Anaphylaxis Training, all of which are continuously updated. If you are in doubt about your child's health status, and if they should attend care, please phone the centre to discuss the situation with a staff member.

Please ensure that contact details for you and your emergency contacts are kept up-to-date, please check with staff at any time if you are unsure.

Parents will be asked to collect their child when they are unwell.

Unwell children should be kept at home and not brought into the Centre.

Medication (please see the attached flow chart)

NO MEDICATION (including prescription, over the counter and homeopathic medications including alternative therapies, vitamins, minerals and supplements) will be administered by staff without a doctors, pharmacist, dentist, and/or nurse practitioner authorisation.

Medication may only be administered when:

- A. For the **short term** **MAXIMUM 24 HOURS (within a 4 week period)** for all prescription and non-prescription medications. For example, nappy rash cream**, teething gel, antibiotics, homeopathic remedies. **This medication will be administered by staff once the following 3 dot points are complete.**
1. With **written authorisation from the parent (Interim 24hr Parental Authorised Medication)**, outlining how and when it is to be administered.
 2. If this is non-prescription medication the application/dose **instructions must match the directions on the medication packaging.**
 3. Parents must also fill out the MEDICATION ADMINISTRATION LOG
- B. For **continued or ongoing** arrangements (more than 24 hours), staff will administer medication:
- When a **Medication Authority signed by an authorised medical person** (doctor, pharmacist, dentist, ophthalmologist, nurse practitioner) is provided **or** a letter from an authorised medical person outlining, medication name, the form (tablet, liquid), dose, and time to administer.
 - All MEDICATION for ongoing conditions require a prescribed (pharmacy) label on the medication
 - Parents must also fill out Medication Administration Log this information must match the instructions on the prescription of medical authority.

Please Note: Paracetamol or Ibuprofen (Pain relief medication) will not be administered without a Medication Authority



c. In the case of an anaphylactic reaction EPI PEN may be administered to the child as per the ASCIA Anaphylaxis or Allergy Plan or a letter from the authorised medical practitioner. (please refer to separate Anaphylaxis policy)

**Some creams (eg nappy creams), contain chemicals such as cortisone and may not be recommended for long term use without medical authorisation.

Doctors can access the Medication Authority form free through the Chess website or you can take one from the centre.

All medication must be handed to a qualified staff member and the Medication Administration Form filled out, and signed off by the parent.

At home you can provide the most appropriate loving and supportive care and if necessary get them medical attention. Other children and staff are spared the possibility of cross infection, which makes for a healthier worksite for all concerned.

Parents will be asked to collect their child when they are unwell.

Where medication for treatment of long term conditions (diabetes, anaphylaxis, eczema, febrile convulsions or a diagnosis) needs to be administered at the Centre, the service will require a Medication Management Plan to be completed by the child's doctor or specialist dealing with the complaint and this will include the symptoms, correct dosage as prescribed and how the condition is managed. All Medication Action Plans will need to be updated annually, or as changes are made by specialists.

All medication kept at the centre for chronic medical conditions for example, anaphylaxis or asthma will be checked regularly for expiration. A child cannot attend the centre if their medication is not current.

Allergies and Injuries

If your child has an allergy, it should be noted on the enrolment form so all staff in contact with the child is aware of this. The centre cook will work in partnership with families of children with allergies and pass on relevant information to staff and families. Staff will be offered training for any relevant medical conditions.

If a child has a severe (Anaphylactic) allergy, their photo and appropriate information will be written underneath will be displayed at the service.

Any child's Action Plan for a first aid response to anaphylaxis or asthma will be closely adhered to.

If a child is injured, becomes seriously ill or experiences their first asthma or anaphylactic attack while at the centre, staff will administer First Aid whilst awaiting the arrival of the parent or ambulance.

If a child in the centre is anaphylactic it is a national regulation that we need to have a sign in the foyer stating for example "we have a child with anaphylaxis attending this service".

Asthma



In the case of a child appearing to have asthma related breathing difficulties and does not have an asthma care plan, staff will call an ambulance, staff will administer our sites Asthma puffer and make immediate contact with the parents. We will follow the Asthma SA guidelines of

1 Puff X 4 breaths, repeated four times

Please note the cost of the ambulance is at the family's expense

Body Temperatures

With recommendations from Network SA, Women's & Children's Hospital, and Red Cross First Aid, **staff will now not be assessing a child's 'wellness' just by their body temperature**, as all children's normal body temperatures can function at varying degrees. All qualified staff have First Aid Training and have undergone significant Childcare training, and spent enormous amounts of time with all children individually and gain a considerable understanding of all children's 'normal' behaviour.

From this training and experience, and by using the **temperature range of 36.7c – 37.4c as a guide**, staff will determine whether a child is well enough to remain at the centre.

The unwell child's temperature will be taken and recorded at regular intervals, so that all staff are aware of the history.

If a child's temperature is above the temperature range guide as specified above, the following procedure will take place:

Staff will attempt to lower a child's temperature by stripping the child down to light clothing, removing their shoes, offer water and allow them to rest while continuously observing them. Their temperature will be taken again after ten minutes.

If it is determined that a child is too unwell after following these steps, and the temperature remains above 37.4 staff will contact the parent/guardian to collect their child. If the parent/guardian cannot be contacted or if they are more than 20 minutes away from the centre and the child's condition deteriorates, staff may deem it to be a serious health concern and will not hesitate to call an ambulance. All parents are asked for their consent for this on their child's enrolment form.

If the child's temperature continues to go down, staff will contact the parent and discuss whether the child should stay or go home, which will still depend on the child's ability to enjoy their day at care.

Governing Council Member's Signature:

Director's Signature:

Two Wells Community Children's Centre's Common Seal

Date Reviewed:	March 2 nd 2016
Next Review Due:	August 2018
Sources:	Policies to Go By Women's & Children's Hospital
	DECD – www.chess.sa.edu.au
	Network SA Red Cross First Aid



Asthma SA foundation